



Personal, Social, Health and Citizenship Education (PSHCE) Policy.

This policy is for Barleyhurst Park School and Barleyhurst Park Nursery.

Agreed by Governors: 03.07.2025

To be reviewed: Summer 2027

Introduction

All pupils are entitled to a broad and balanced curriculum regardless of race, gender, religion or ability. It is a statutory requirement to teach RSHE - which covers Relationships Education at Key Stages 1 and 2 and Health Education from Key Stage 1 to 4. At Barleyhurst Park Primary School we are committed to the development of the whole child and consequently we ensure Personal, Social, Health and Economic Education (PSHE) and Relationships and Sex Education (RSE) is embedded throughout our curriculum and within our day-to-day life in school. RHSE education helps pupils to manage many different opportunities, challenges and responsibilities they will face growing up. Our children will develop the skills and attributes they need to keep healthy, safe and prepared for life and work in modern Britain.

Aims and Objectives

Our curriculum is clearly mapped out, using the PSHE association as guidance, so that the key knowledge and skills that pupils need all progress in a logical and sequenced way. This is evident in both within the school year and from year to year, enabling our pupils to revisit previously taught content and to build on it.

Pupil voice lies at the heart of our school and the curriculum and opportunities we offer our pupils mean that pupils grow into independent, active and responsible members of our school community playing an active part in decision making. In order to flourish, thrive and develop into happy adults who contribute effectively to society, pupils develop their personalities and behaviour through the specific focus on important values that enable them to reflect, learn, behave with integrity and work consistently well with others.

The aims of the PSHCE curriculum at Barleyhurst Park are to:

- Promote the spiritual, moral, cultural, mental and physical development of all pupils.
- Prepare pupils for the opportunities, responsibilities and experiences of later life.
- Encourage pupils to value themselves and others.
- Allow pupils to acknowledge and appreciate difference and diversity.
- Teach pupils how to make informed choices.
- Prepare pupils to be positive and active members of a democratic society.
- Teach pupils to understand what constitutes a safe and healthy lifestyle.
- Provide a framework in which sensitive discussions can take place.
- Promote safety in forming and maintaining relationships.
- Provide pupils with a toolkit for understanding and managing their emotions.
- Provide pupils with the opportunities to consider issues which may affect their own lives and/or the lives of others.
- Help pupils to identify the characteristics of healthy relationships, how relationships may affect mental and physical health; and how to stay safe online.



- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

Teaching and Learning Style

The emphasis placed on both PSHE and RSE blends seamlessly into everyday school life in order to maximise the impact of acquiring essential knowledge. In addition to our weekly lessons, we use a combination of the following to ensure that all elements of the PSHE framework receive appropriate focus and emphasis our school values.

School Values: The school values (created collaboratively using pupil/parent/school perspectives) focus on the acquisition of key qualities that ensure pupils can thrive at Barleyhurst Park. The level and depth of pupils' understanding of individual values progresses and deepens as they themselves mature during their journey through school.

Our school values are:

- Be the best you can be
- Always try your hardest
- Responsible for our actions
- Learn and be confident
- Encourage others
- You should always be yourself
- Honesty
- Use your initiative
- Resilience
- Strive to achieve
- Take pride in your work

A value is introduced and focussed upon during weekly whole school assemblies.

Special Awards: Our 'Star of the Week' assemblies celebrate the success of pupils across the school and allow teachers to identify those who have shown our school values during the week. We also hold 'Star of the Term' and 'Star of the Year' awards to pupils who have excelled in displaying and sharing our school values.

PSHCE Framework: Barleyhurst Park's PSHCE framework was written in conjunction with the PSHE association and covers the three core themes; Health and Wellbeing, Relationships and Living in the Wider World. Through our enriching curriculum, we aim to enable our pupils to be secondary ready and our lessons allow the children to develop their own ideas about moral, social and cultural issues they will face in society.

PSHCE Curriculum Planning

At Barleyhurst Park Primary School we use the National Curriculum and the PSHCE association's framework as a basis for our planning. We ensure that there are opportunities for pupils of all abilities to develop their understanding of PSHE through carefully planned lessons.

Our curriculum planning is in two phases (long-term and medium term). We combine PSHE skills with work in other subject areas and adopt a thematic approach. Our planning is developed with the use of Curriculum Maestro which lists specific learning objectives and key



questions for learning. Teachers can also discuss all planning with the PSHE Subject Leader on an informal basis.

Cross curriculum links

This subject area has many cross-curriculum links to other subjects. Our pupils learn about online safety in many of our units and then apply this in computing lessons. We discuss the importance of kitchen safety in DT, and in Science the importance of a balanced diet and exercise are an important part of their studies. Bike-ability and swimming safety lessons are also included within our curriculum planning to ensure these important life skills are offered to our pupils.

Foundation Stage

We teach PSHE in the Foundation Stage as an integral part of the topic work covered during the year. We relate pupil's PSHE work to the objectives set out in the Early Learning Goals which underpin the curriculum planning for pupils aged three to five. PSHE makes a considerable contribution to the ELG objectives of developing a pupil's knowledge and understanding of the world.

Teaching PSHE to Pupils with Special Educational Needs or English as an Additional Language

We teach PSHE to pupils of all abilities. PSHE forms part of the school curriculum policy to provide a broad and balanced education for all pupils. Through our teaching, we provide learning opportunities that match the needs of every student and ensure progression can be made. Our work in PSHE also takes into account the targets set in pupil's Individual Education Plans (IEP's).

School Council

The School Council is made up of pupils from Year Groups 1-6 with two pupils from each year group. The pupils are selected through a democratic process where the pupils put themselves forward as candidates and are then voted for by their peers. The School Council is a vehicle for pupil voice and provides a platform where this can be expressed in a meaningful and structured way to ensure that the opinions, views and ideas of all pupils can have an impact on decisions made in school. The school Council also helps co-ordinate fund-raising activities in school.

Resources

Suitable resources for both key stages are stored with the relevant topic boxes for each year group. Reference books are available from the library and computing software is also available to support individual pupil's research.

Monitoring and Review

Monitoring and evaluation of the standard of pupil's work and of the quality of teaching in PSHE is the responsibility of the PSHE Subject Leader. The work of the PSHE Subject Leader also involves supporting colleagues in the teaching of PSHE, being informed about the current developments in the subject, and providing a strategic lead and direction for the subject in the school. Pupil interviews are also held once a year to discuss what the children think of their PSHE lessons. This allows for pupil voice to be used and supported in the subject.