| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MAIN | Chicken Korma with Rice and Naan | Cottage Pie | Chicken Macaroni Bake | Sweet and Sour Chicken with Steamed Rice | Fish and Chips |
| VEGETARIAN OPTION | Veggie Korma with Rice and Naan | Quorn Mince Cottage Pie | Macaroni Cheese | Sweet and sour veg with Steamed Rice | Cheese \& Tomato Pizza and Chips |
| JACKET POTATO | Baked Bean | Baked Bean | Baked Bean | Spaghetti Hoops | Spaghetti Hoops |
| PACKED LUNCH | Ham or Cheese | Ham or Cheese | Ham or Cheese | Ham or Cheese | Packed Lunch |
| DESSERT | Cheese and Crackers | Fruit jelly | Apple Crumble With Custard | Mable Sponge with Custard | Doughnut |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| MAIN | Spaghetti Beef Bolognaise with Garlic Bread | Chicken Sausage with Roast Potatoes \& Gravy | Mild Chili Con Carne with Rice | Creamy Chicken and potato pie (Chicken Nuggets Chips and beans 6/10/22) | Fish Finger and Chips |
| VEGETARIAN OPTION | Quorn Spaghetti bolognese with Garlic bread | Vegetarian Sausage with roast \& Gravy | Mild Beans Chili with Rice | Creamy Vegetable and Potato Pie (Veggie Nuggets Chips and beans 6/10/22) | Cheese \& Tomato Pizza and Chips |
| JACKET POTATO | Spaghetti Hoops | Spaghetti Hoops | Baked Beans | Baked Beans | Baked Beans |
| PACKED LUNCH | Ham or Cheese | Ham or Cheese | Ham or Cheese | Ham or Cheese | Packed Lunch |
| DESSERT | Icecream | Fruit Shortbread square | Fruit Slice | Chocolate Sponge with Custard | Vanilla Muffin |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| MAIN | Chicken Torino with Pasta | Beef and Potato Bake | Pasta topped with Rich Tomato and Basil Sauce ( Christmas dinner 14/12/22) | Savory Mince with Rice | Fish cake |
| VEGETARIAN OPTION | Macaroni Cheese | Quorn mince and Potato Bake | Pasta topped with Rich tomato and basil sauce | Quorn Savory Mince with Rice | Cheese \& Tomato Pizza and Chips |
| JACKET POTATO | Baked Bean | Baked Beans | Baked Bean | Spaghetti Hoops | Spaghetti Hoops |
| PACKED LUNCH | Ham or Cheese | Ham or Cheese | Ham or Cheese | Ham or Cheese | Packed Lunch |
| DESSERT | Apple Crumble With Custard | Chocolate Muffin | Vanilla sponge with Custard | Fruit jelly | Chocolate Crunch |

A portion of Fruit is available daily as an alternative to the dessert offered.
A portion of Bread, vegetables, or Salad is served with all meal
To ensure the quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
Although our menus are nut-free we cannot guarantee airborne traces
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| September $5^{\text {th }}$ and $26^{\text {th }}$ |
| :--- |
| $12^{\text {th }}$ September $3^{\text {rd }} \& 31^{\text {th }}$ October |
| 19 th September $\quad 10^{\text {th }}$ October |

